

Editorial

1999... 2009. It's been ten years since the first *Pensando Famílias* was edited. Much happened since then. Gradually, the Journal conquered a relevant status among the professionals of the area, becoming known in Brazil, and in this way, showing their desire to know what is done in Family Therapy. During these years, it conquered national and international indexation confirming its scientific qualification. Actually, *Pensando Famílias* also received the LILACS - Latin-American Literature and Health Sciences (Bireme/OPAS) indexation.

Along these ten years we worked in partnership with colleagues who significantly contributed for the existence of the *Pensando Famílias*. Without their collaboration the Journal would not have striven. We are thankful to the members of the Editorial Board, to the National and International members of the Scientific Board, and to the Consultants ad hoc, who close or from far way, have been giving working hours for the Journal, helping it acquired an unquestioned level of seriousness, of depth and scientific a profile. We are also thankful to the national and international authors who open mindedly presented their ideas and working methods, in this way allowing and enriching productive questions on the individuals and their relationships. Our gratefulness extends to the translators who fully collaborated so we could have access to texts by foreign professionals, enlarging the borders of the knowledge.

During this decade, we lost people who were very important for the development of Family Therapy like Gianfranco Cecchin, Tom Andersen and Michael White. Some articles of *Pensando Famílias* carry their contributions.

In its editions, *Pensando Famílias* points out the most diverse issues on relationship, allowing the insertion of Family Therapy in various areas of human relationship. Following its goal, this edition offers a diversity of subjects, but the common point focuses on the care of the inter-relationships of the individual, in the different existential contexts.

Presently, we begin with a text by J. A. Rios González where he comments about his work as a therapist. It is interesting to observe that Rios offers us something about his own history, at the time we are celebrating ten year existence. In his reflections, he tries to integrate his life into the field of Psychology and Psychotherapy. He writes about his experiences as a college professor, as an educational psychologist, as family and couple therapist, and as therapists' trainee supervisor.

Next, we have the article of C. Casula, an Italian author, who shows how she works with metaphors in order to strengthen the resilience of people she assists in clinical practice.

V. S. Nascimento approaches incest, a powerful and difficult subject. It is a bibliographical article that allows a discussion on how historical and cultural aspects with their believes and taboos influence interpretations and/or analyses of incestuous facts. The author's conclusion is that even having a diversity of habits, no action justifies the lack of respect for a human being's life, based on behalf of myths and/or taboos, or not.

J. Garcia writes about sexuality and the various conflicts that may occur during the acceptance of the heterosexual, homosexual or bisexual condition of an individual. The author

points out that a careful assessment provides new possibilities to deal with his/her sexual condition.

I. C. Anton makes comments on the topic addressed by J. Garcia offering us her thoughts, and thus broadening the scope of discussion on the subject.

E. B. Maldaner and Q. C. R. Vivacqua present a study on maternal grief, and feelings of mothers who lose their child in the first year of life. They discuss that the family system reorganization is necessary to make it possible for the mourning mother to heal. The social support network is an important key for that.

J. A. R. Baumgart and D. L. Santos express their considerations on a currently much experienced issue: the syndrome of the temporary empty-nest. This is a study of parents of adolescents who live abroad for a period exceeding six months, and shows the parents' symptoms during the absence of their children. The authors present differences between the empty nest-syndrome, which has extensive bibliography, and the temporary empty-nest syndrome.

F. M. Oliveira and E. F. Rasera through the analysis of the film "Mona Lisa Smile," shows the contribution that Social Constructionism, in its collaborative approach offers, to build a reflexive education - where the expression of ideas in dialogue - becomes the basis for structuring a space of creation and transformation. Throughout the article, the authors offer ideas on new opportunities for action, in Education and School Psychology.

M. I. Fischer, M. A. M. Oliveira and S. C. Utpadel report the experience in law office of trainees in Clinical Psychology. They show the importance of psychological assistance in a legal setting, helping the family since it may be going through into a moment of crisis.

We wish you all a great reading.

Helena Centeno Hintz